GUIDED EUCHARISTIC HOLY HOUR

CK101 Script #5 - "The Holy Name of Jesus"

EXPOSITION OF THE MOST BLESSED SACRAMENT

As we begin, the prayer leader says:

Boys and girls, please stand when Father/Deacon enters and then kneel when he opens the tabernacle. We will sing, "O Saving Victim," found in your program, when Father exposes Jesus in the Blessed Sacrament, placing the Host in the monstrance on the altar.

O Saving Victim, open wide, The gate of Heaven to man below, Our foes press on from every side; Thine aid supply, Thy strength bestow.

To Thy great Name be endless praise, Immortal Godhead, one in Three! Oh, grant us endless length of day, In our true native land, with Thee! Amen.

GREETING JESUS AND OPENING PRAYERS

(We are still kneeling) After Father/Deacon exits: Jesus, we are so happy to be to be here to make our visit with You. (pause) Thank You, Jesus! Thank You for always being here for us. (long pause)

Lord, we begin by calling upon our Holy Guardian Angel and all the Holy Angels here with us right now. We ask the Holy Angels to help us adore You. Together we pray the first prayer found on the back of our program: "Angel of God, my guardian dear, to whom God's love commits me here. Ever this day be at my side to light, to guard, to rule and to guide. Amen." (pause)

We also call upon the mighty Prince of the Heavenly Host, Saint Michael. Together we pray: "Saint Michael, the Archangel, defend us in battle. Be our protection against the wickedness and snares of the devil. May God rebuke him we humbly pray; and do Thou, O Prince of the Heavenly Host, by the power of God, cast into hell Satan and all the evil spirits, who prowl throughout the world seeking the ruin of souls. Amen." (long pause)

Jesus, we know there is nobody who ever loved You more than our beautiful Blessed Mother Mary loved You. We now ask her to help us love You, Jesus! (pause) We entrust ourselves to her by praying together: "Holy Mary, I want to belong to you. I give you my whole self and all the good things I do: at home, at school, at Church and at play. My Mother! I am all yours, and all I do belongs to you to give to Jesus. Amen." (long pause)

Yes, all that we have, all that we are, belongs to You, Jesus. (long pause) We want to tell how much we love You, Jesus, by praying our "100,000 Heartbeats Prayer." Together we pray: "Most Sacred Heart of Jesus, truly present on the altar in the little white Host, I love You! I love You with all my heart and I know You love me with all Your Heart! Jesus, my heart beats around 100,000 times a day. I want each one of my heartbeats to say: Jesus, I love You! Jesus, I love You! Jesus, I love You!" (very long pause)

ROSARY DECADE PREPARATION WITH BIBLE STORY

Jesus, I'm going to invite the boys and girls to sit now, as we prepare our hearts to offer You our Rosary decade by reading a Gospel story in our Bible.

(Be seated) *Boys and girls, open up your Bibles to page 127. Let's take a look at that picture.* (Prayer leader now reads the story from the "New Catholic Picture Bible" by Father Lawrence Lovasik. The only adjustment is the prayer leader will always change the text in the places needed to **address Jesus directly** by talking **to** Him instead of **about** Him.)

Jesus, as You were entering a certain village on Your way to Jerusalem, ten lepers met You. They were not allowed to live among other people because of their disease, so they stood far away and cried out with a loud voice, "Jesus, master, have pity on us."

And when You saw them, Jesus, You had pity on them and told them to come closer. You then said to them, "Go, show yourselves to the priests that they may declare that you are clean again and cured of your disease."

On their way they were cured.

They were so happy that they did not even think of coming back to You to thank You.

Only one of them, seeing that he was made clean, returned and bowed low before You Jesus and thanked You with all his heart. And he was not even a Jew, but a Samaritan.

Then You asked, "Were not ten made clean? But where are the nine? Did not one come back and thank God except this foreigner?"

And You said to him, "Arise, go your way, for your faith has saved you." (long pause)

Jesus, how good You are! When those ten lepers cried out to You, "Jesus, master, have pity on us!" You did have pity on them. You told the lepers to come closer. Leprosy is such a terrible disease that healthy people were not allowed to even go near someone with leprosy at that time. But You weren't afraid. You told the ten lepers to come closer. (pause)

When those ten lepers came close to You, Jesus, You told them, "Go, show yourselves to the priests that they may declare that you are clean again, that you are CURED of Your disease." (pause)

Just think, boys and girls, if you were one of those lepers, you would not be allowed to live with your family. You couldn't see your friends. You had to go live in a place with other people with leprosy and none of you could have contact with the regular world. (pause)

Then, with just one word from You, Jesus, those ten lepers are completely healed of their sickness and they can go back to their families, back to their friends - back to normal life!

Boys and girls, how thankful would you be to Jesus if you were one of those ten lepers?

Out of the ten You cured that day, Jesus, only one of them came back to thank You. (pause)

Jesus, I hope all of us here would have been that one leper who came back to thank You! But if we are honest and really think about it, there are many good things that happen in our lives that we forget to thank You for, Jesus. (pause)

So we want our Rosary decade to be a decade of thanksgiving!

Jesus, with all the love in our hearts, we offer this decade to You as a big "thank you!" We thank You now for all the times we forgot to say: "Thank You, Jesus!"

PRAYING THE ROSARY DECADE

Boys and girls, let's take out our Rosary beads now and kneel down. (kneel) Find the Crucifix on the end of your Rosary beads. Let's give the Crucifix a kiss. (kiss the Cross) Thank You, Jesus, thank You for dying on the Cross for me. Let's make the Sign of the Cross together: "In the name of the Father and of the Son and of the Holy Spirit. Amen."

Now find the fifth decade on your Rosary beads. 1, 2, 3, 4, 5 (pause) Jesus, with all the love in our hearts, we offer You the fifth Luminous Mystery, The Institution of the Most Holy Eucharist. "Eucharist" means "thanksgiving."

Boys and girls, I'll say the first part of the prayer, you say the second. (pause) (Prayer leader) "Our Father, who art in Heaven, hallowed be Thy name. Thy Kingdom come. They will be done, on earth as it is in Heaven. (Boys and girls) Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen." (Prayer leader) "Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. (Boys and girls) Holy Mary, Mother of God, pray for us sinners, now, and at the hour of our death. Amen." (9 times)

Boys and girls, we come now to our last "Hail Mary." We pause and call this one our "Golden Hail Mary." What special intentions do you need to bring to Jesus? Are you worried about something to do with school? Is there someone in your family who needs prayers? If it is important to you, it is important to Jesus because you are so important to Him! Tell Jesus everything. He is listening. (Very long pause) Jesus, we gather up all our special intentions and lay them before Your throne as together we pray: Hail Mary...

Boys and girls, let's bow our heads down low and adore the most Holy Trinity. (Very long pause of adoration silence.) Together we pray: "Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now and ever shall be, world without end. Amen."

Let's come back up slowly now and look right at Jesus on the altar. (pause). This next prayer is one that Blessed Mother taught the three children at Fatima. Our Lady asked that this be prayed at the end of each Rosary decade. (pause) Jesus, we know this must be very important. (pause) Boys and girls, let's hold out our hand towards Jesus (extend your hand) Together we pray: "O my Jesus, forgive us our sins. Save us from the fires of hell. Lead all souls to Heaven, especially those most in need of Thy mercy. Amen." (pause) Let's find the Crucifix again at the end of our Rosary beads and give the Cross a kiss. (kiss the Cross) Together we make the Sign of the Cross: "In the name of the Father, and of the Son, and of the Holy Spirit. Amen. Boys and girls, have a seat. (very long pause)

SAINT OR STORY MEDITATION

Jesus, I'd like to tell the boys and girls another story that happened closer to our time that also has to do with a terrible sickness. This sickness broke out in the country of Portugal.

It was so terrible that hundreds of men, women and children were dying each day from it. Nobody was able to stop the sickness from spreading. No doctor or scientist was able to find a cure. The people were beginning to lose all hope.

Now there was a holy bishop who was the head of the diocese for the largest city in Portugal called Lisbon. He saw that many people were dying in Lisbon and He understood how hopeless the situation was.

He knew that there was only one Person who could help them now. And that Person, - with a capital P - a Divine Person, was YOU Jesus! (pause)

The bishop began traveling throughout the city, urging people, pleading with people to call upon THE HOLY NAME OF JESUS!

(look up at the altar) Your wonderful and powerful name, Jesus!

Wherever people lay dying, there was the bishop offering his prayers and telling them to repeat over and over: Jesus! Jesus! Jesus!

He told the people, "Write the Holy Name of Jesus on pieces of paper! Put the Holy Name of Jesus under your pillow! Put the Holy Name of Jesus in your pocket! Write the Holy Name of Jesus above the doors of your homes! Love this most powerful and Holy Name: JESUS!

Then the bishop called all the people who were not yet sick, to come to the great Church of Saint Dominic in Lisbon. He preached to them again about the power of the Holy Name of Jesus!

He blessed many containers of water, calling upon the Holy Name of Jesus. Then he told the people to bless themselves with the Holy Water and sprinkle it on the sick and dying.

Wonder of wonders! The sick became well!

The dying stood up from their beds, cured!

The terrible sickness completely stopped just a few days after the Bishop had preached on the power of Holy Name of Jesus!

Yes, the terrible sickness or plague was gone from the city of Lisbon.

The wonderful news spread throughout the entire country of Portugal and soon everyone began calling upon the Holy Name of Jesus! In a very short time, the entire country was free from the terrible sickness.

THE PEOPLE WERE SO THANKFUL!

The Churches became full every week. Prayer groups were formed.

(Look up) Jesus, Your Holy Name was loved and honored everywhere!

So one of the greatest sorrows that had ever fallen on the country of Portugal was now turned into one of the country's greatest blessings. (long pause)

Boys and girls, let's look at Jesus on the altar. Now let's say His Holy Name three times and tell Him that we love Him. Together we pray: Jesus, I love You! Jesus, I love You! Jesus, I love You!

QUIET PRAYER TIME

We'll have some quiet prayer time now and talk with Jesus, Heart to heart.

One minute before Father/Deacon and the altar servers enter for Benediction:

Jesus, in a moment, Father/Deacon is going to come and lift You high in Benediction. I know that You want to pour out many graces upon the children, upon their families and upon our entire world! Boys and girls, open your hearts wide to receive all that Jesus wants to give you today!

BENEDICTION OF THE MOST BLESSED SACRAMENT

Let's take out our program now and find the Benediction Hymn. We will sing together when Father/Deacon and the servers enter.

Down in adoration falling
Lo! The Sacred Host we hail;
Lo! o'er ancient forms departing,
Newer rites of grace prevail;
Faith for all defects supplying
Where the feeble senses fail.

To the everlasting Father, And the Son who reigns on high, With the Holy Ghost proceeding Forth from each eternally, By salvation, honor, blessing, Might and endless majesty. Amen.

Priest/Deacon: You have given them Bread from Heaven. All: Having within It all sweetness.

Priest/Deacon: Let us pray. Lord Jesus Christ, you gave us the Eucharist as the memorial of Your suffering and death. May our worship of this Sacrament of Your Body and Blood help us to experience the salvation You won for us, and the peace of the kingdom; where You live with the Father and the Holy Spirit, One God, forever and ever.

All: Amen.

Blessed be God,

Blessed be His Holy Name.

Blessed be Jesus Christ, true God and true Man.

Blessed be the Name of Jesus.

Blessed be His Most Sacred Heart.

Blessed be His Most Precious Blood.

Blessed be Jesus in the Most Holy Sacrament of the Altar.

Blessed be the Holy Spirit, the Paraclete.

Blessed be the great Mother of God, Mary, most holy.

Blessed be her holy and Immaculate Conception.

Blessed be her glorious Assumption.

Blessed be the name of Mary, Virgin and Mother.

Blessed be Saint Joseph, her most chaste spouse.

Blessed be God in His Angels and in His Saints.

When Father/Deacon puts the Blessed Sacrament back into the tabernacle and closes the tabernacle doors, say: *Boys and girls, let's stand and sing "Immaculate Mary."*

As Father/Deacon and the altar servers start to exit, sing:

Immaculate Mary, your praises we sing; You reign now in splendor with Jesus, our King. Ave, ave, ave Maria! Ave, ave, Maria!

After Father/Deacon and the altar servers have left the Church, turn towards the children and say: Jesus is so happy that you came to make a visit with Him. Remember, He's always here in the tabernacle for you to come and make your visits with Him. Have a great week and we'll see you at our next Guided Eucharistic Holy Hour.

If you have not read the booklet, "VISITING JESUS – A Simple Plan to Begin Guided Eucharistic Holy Hours for Children," please go online to *Catholic Kids 101* for your free download. Questions? Go to *Catholic Kids 101* and click the "Contact Us" page.

