

**Sample #3**  
**Guided Holy Hour for Children**  
**Script for the Prayer Leader**

**THE HOLY HOUR BEGINS**

As we begin, the prayer leader says:

*Boys and girls, please stand when Father enters and then kneel when he opens the tabernacle. We will sing, "O Saving Victim," found in your program, when Father exposes Jesus in the Blessed Sacrament, placing the Host in the monstrance on the altar.*

(See program example for the Eucharistic hymns)

Following Exposition, Father offers several vocal prayers (Our Father, Hail Mary, and Glory Be). He then exits back to the sacristy.

**THE PRAYER LEADER CONTINUES**

(We are still kneeling) When Father is no longer seen: *Jesus, we are so happy to be with You this evening to make our visit with You. We would like to continue the vocal prayers that Father has begun.*

*First, we call upon our Guardian Angel and all the Holy Angels present with us to help us **adore** You, Lord. Together we pray: "Angel of God, my guardian dear, to whom God's love commits me here. Ever this day be at my side to light, to guard, to rule and to guide. Amen."*

*Next, we call upon St. Michael, the "Prince of the Heavenly Host," and ask St. Michael to help keep us **from being distracted** so we can keep our focus on You, Jesus, during our Holy Hour. Together we pray: "St. Michael, the Archangel, defend us in battle. Be our protection against the wickedness and snares of the devil. May God rebuke him we humbly pray; and do Thou, O Prince of the Heavenly Host, by the power of God, cast into hell Satan and all the evil spirits, who prowl throughout the world seeking the ruin of souls. Amen."*

*Finally, we ask our beautiful Blessed Mother Mary to help us **love** You, Jesus. We know there is nobody who ever lived on this earth who loved you more than she did. We entrust ourselves to her by praying together: "Holy Mary, I want to belong to you. I give you my whole self and all the good things I do: at home, at school, at Church and at play. My Mother! I am all yours, and all I do belongs to you to give to Jesus. Amen."*

## PREPARING FOR OUR ROSARY DECADE

*Jesus, You know each week we love to offer You our Rosary decades and this week will be no different. In 1917 You sent our beautiful Blessed Mother from Heaven to a little town in Portugal, called Fatima. Our Lady spoke to three children. Their names were Lucia, Francisco and Jacinta. One of the important things she told them was to pray our Rosary decades every day. (Pause) Jesus, we know this must be very important if You sent Our Blessed Mother from Heaven to tell us this. We would like to offer You the third Luminous mystery: The Proclamation of the Kingdom. (Pause) I'm going to invite the boys and girls to have a seat now as we prepare our hearts to offer You this Rosary decade by reading a story in our Bible.*

*(Be seated) Boys and girls, open up your Bibles to page 125. Let's take a look at that picture.*

*(Prayer leader reads the story from the "New Catholic Picture Bible" by Father Lawrence Lovasik. Bibles for the children can be purchased through the Catholic Book Publishing Company.)*

*Jesus, one day You sat in a boat and talked to the people from it as they sat on the beach. After You had finished speaking, You said to Peter, "Row out into deep water, and lower your nets for a catch." Peter told You that they had been out on the lake all night and had caught nothing. "But," he said, "if You say so, I will lower the nets."*

*They caught so many fish that the nets were breaking! They called James and John, the two brothers, who were in the other boat, to help them. They came and filled the two boats until they nearly sank. (Pause)*

*When Peter saw this, he fell at Your knees, Jesus, saying, "Leave me, Lord. I am a sinful man." "Do not be afraid," You said, "from now on you will be catching men." You said to Peter and the others, "Follow Me." They left everything and became Your followers. (Pause)*

*Jesus, one evening You went alone to a mountain not far from Capernaum. A crowd of people and Your disciples followed You. But You left them all and went up to the top of the mountain, where You could be alone. There You stayed all night, praying to God, Your Father. In the morning, out of all Your followers, You chose twelve men who were to walk with You and listen to Your words, so that they might be able to teach others. Some of these men You had called before; but now You called them again, and others with them. They were called, "The twelve," or "the disciples." After You went to heaven, they were called, "The apostles," a word which means "those who were sent out," because You sent them out to preach the Gospel to the world.*

*You later sent seventy-two other disciples, two by two, into the cities and villages, to preach the kingdom of God.*

## PRAYING OUR ROSARY DECADE

*Boys and girls, it's time to kneel and offer our decade. (Kneel)*

*Find the Crucifix on the end of your Rosary beads. Let's give the Crucifix a kiss. (Kiss the Cross)  
Thank You, Jesus, for dying on the Cross for me. We make the Sign of the Cross together: "In the name of the Father and of the Son and of the Holy Spirit. Amen."*

*Now let's find the third decade on our Rosary beads.*

*Jesus, we offer You this third Luminous Mystery, "The Proclamation of the Kingdom." We offer it for all the people who do not know You yet Jesus - that they will come to know You and follow You soon!*

*Boys and girls, I'll say the first part of the prayer, you say the second. (Pause)*

*(Prayer leader) "Our Father, who art in Heaven, hallowed be Thy name. Thy Kingdom come. They will be done, on earth as it is in Heaven.*

*(Boys and girls) Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen."*

*(Prayer leader) "Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus.*

*(Boys and girls) Holy Mary, Mother of God, pray for us sinners, now, and at the hour of our death. Amen." (10 times)*

*Boys and girls, let's bow our heads down low and adore the most Holy Trinity. (Very long pause of adoration silence.) Together we pray: "Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now and ever shall be, world without end. Amen."*

*Boys and girls, come back up now and look at Jesus on the altar. (Pause) Let's hold out our hand towards Him and offer this very special prayer. This is a prayer that our Blessed Mother taught the three children at Fatima. She asked us to pray this prayer at the end of each Rosary decade. Jesus, we know this must be very important since You sent our beautiful Mother Mary from Heaven to teach us this prayer. Together we pray: "O my Jesus, forgive us our sins. Save us from the fires of hell. Lead all souls to Heaven, especially those most in need of Thy mercy. Amen."*

*Let's find the Crucifix again at the end of our Rosary beads and give the Cross a kiss. (Kiss the Cross) Together we make the Sign of the Cross: "In the name of the Father, and of the Son, and of the Holy Spirit. Amen."*

*Boys and girls, have a seat. (Long pause)*

## BIBLE STORY FOR CHILDREN

*Jesus, I'm sitting here thinking about our Rosary meditation when Peter told You that they had been out on the lake all night long and had not caught any fish. (Pause) You told him to row out into deep water and lower the nets for a catch. If I were Peter, I would have thought, "What difference does it make if we row out into deep water? We've been fishing all night long and there are no fish to be caught!" But Peter went ahead and did what You said... and they caught so many fish their nets were breaking! Wow! That's a lot of fish, Jesus! That was a miracle. (Pause) Only God can perform miracles. (Pause) You can perform miracles, Jesus, because You are God. (Long pause)*

*Jesus, there are a lot of stories in the Bible that tell us about the miracles You performed. You did these miracles, sometimes called signs, to show us that You are God! (Pause) We are going to read through another one of Your miracles now. I'm going to invite the boys and girls to open up their Bibles to page 152.*

*Let's take a look at that picture. (Pause) I see You, Jesus. I see You holding a fish and a loaf of bread. I see some baskets by Your feet too. That one in front of You is full of fish. I see a lot of bread in the other baskets. (Pause)*

*Wow! Boys and girls, if you look carefully at the picture, there sure are a lot of people! Do you see the boat? Look at all the people on the shoreline. (Pause)*

*Let's read the Bible story now to see what this is all about. The title of this Bible story is: The Miracle of the Loaves and Fishes.*

*(Note: The Bible story from page 153 is the bold lettering.)*

***Jesus, when you saw how eager the crowds were to hear You, taking pity on them, You taught them and healed the sick. Toward evening, some of the apostles asked You to send the crowd away, for it was near their suppertime.***

***But You said to them, "They need not go away. You can give them food to eat."***

***Philip looked at the great crowd, over 5000 men, besides women and children, and he said, "Thirty dollars' worth of bread would not be enough to give to everyone even a little piece."***

*Jesus, I'm going to pause here and tell the boys and girls that I know that the people loved to come listen to You. Once they were with You, they didn't want to leave! They had been listening to You for a very long time and You knew that the people were hungry. So You asked Your Apostle Philip to give them something to eat. It says in the Bible story there were 5,000 men. Let's really think about just how many people that would be.*

Boys and girls, imagine a classroom where 25 students are sitting at their desks. (Pause) Now imagine 10 classrooms filled with children. That would be 250 students sitting at their desks. (Pause) Now try and imagine 100 classrooms. (Pause) That would be 2,500 students! (Pause) Now let's double that number and think of 200 classrooms full of students. Now we've reached 5,000 people!

It says there were 5,000 men that came to listen to You, Jesus. This number did not include all the many women and children that were there too. Wow! That is really a lot of people You are asking Philip to feed! Philip knew that too. He told you that even if he worked every single day for 200 days and took all the money he made and bought food for the people, there wouldn't be enough for each of them to have even a little bite. There were just so many people!

Okay, let's read what happens next:

**Then another of the apostles, Andrew, Peter's brother, said to You, "There is a boy here who has five loaves of barley bread and two dried fishes. But what use would they be among so many people?"**

Let's pause again and think about that. Your Apostle Andrew told You about a kid in the crowd who came to see You, Jesus. That boy had brought 5 loaves of barley bread and 2 dried fishes with him. I think he was a smart kid because he came prepared. Maybe he was even going to sell a loaf or two to try and make a little money... but the boy ends up being very generous. He gives You everything. He gives all 5 of his loaves of barley bread and his 2 dried fish to You, Jesus. (Pause)

And then what happens:

**Jesus, You said to the apostles, "Go out among the people and divide them into groups of fifty and hundred, and tell them to sit down."**

**So, the people all sat down upon the green grass, and they watched You, Jesus, as You took into Your hands the five loaves and the two fishes which the boy had brought. You looked up to heaven to thank Your Father and blessed the food. You then broke the loaves and dried fishes and gave pieces to the apostles. They went among the people and gave to everyone bread and fish, as much as each needed. So they all ate and had enough.**

(Look up towards the altar) Wow, Jesus! That is amazing! You miraculously multiplied the 5 loaves of barley bread and the 2 dried fishes that that boy had given You! You fed the 5000 men plus the many women and children! You kept multiplying the food for the hungry people! That huge crowd of people ate and ate until they were full! (Pause)

And then what happens:

***Then You said, "Gather up the pieces of food that are left, so that nothing may be wasted."***

***Twelve baskets of food were left. The crowds rushed toward You, Lord, to take You and force You to be their King! But You hid Yourself from the people.***

***(Long pause)***

*Jesus, this is an absolutely amazing miracle that You performed! It is a truly wonderful thing that You did, Jesus. Yes, it is very, very wonderful!*

***(Pause)***

*Jesus, the next day You promised to do something even more wonderful. You promised to give us Your very own Body and Blood in the Holy Eucharist!*

***(Long pause)***

*Jesus, there is a lot to think about in this Bible story of The Miracle of the Loaves and Fishes.*

***(Pause)*** *I want to be generous just like that boy in the story. (Pause) That boy left his home to come make a visit with You that day just like I am here making a visit with You. (Pause) He gave You all that He had and with his gift of 5 barley loaves and 2 dried fish You were able to do a wonderful miracle and feed thousands of people! (Long pause)*

## **QUIET PRAYER TIME**

*Boys and girls, it's time for our quiet prayer time now. Let's quietly talk with Jesus, Heart-to-heart, about what gift You would like to give Him or about anything that you want to talk with Him about now.*

## **PREPARING FOR BENEDICTION**

***(We are kneeling) One minute before Father and the altar servers enter for Benediction we sing: "O come let us adore Him! O come let us adore Him! O come let us adore Him, Christ the Lord!"***

## **BENEDICTION OF THE MOST BLESSED SACRAMENT**

*Boys and girls, I see Father and the altar servers are ready now for Benediction, so let's look in our program and together sing: "Down In Adoration Falling."*

(See program example for the Eucharistic hymns and “The Divine Praises”)

When Father puts the Blessed Sacrament back into the tabernacle and closes the tabernacle doors say: *Boys and girls, let’s stand and sing “Immaculate Mary.”*

As Father and the altar servers start to exit, we sing:

*“Immaculate Mary, your praises we sing;  
You reign now in splendor with Jesus, our King.  
Ave, ave, ave Maria! Ave, ave, Maria!”*

After Father and the altar servers have left the Church, turn towards the children and say:

*Jesus is so happy that you came to make a visit with Him! Remember, He’s always here in the tabernacle for you to come and make your visits with Him. Have a great week and we’ll see you at our next guided Holy Hour!*

**Questions? Please contact us through [CatholicKids101.com](http://CatholicKids101.com)**

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“We are kids telling kids about Jesus!”*

NOTES: