

GUIDED EUCHARISTIC HOLY HOUR

CK101 Script #6 - "The Twelve Apostles"

EXPOSITION OF THE MOST BLESSED SACRAMENT

As we begin, the prayer leader says:

Boys and girls, please stand when Father/Deacon enters and then kneel when he opens the tabernacle. We will sing, "O Saving Victim," found in your program, when Father exposes Jesus in the Blessed Sacrament, placing the Host in the monstrance on the altar.

*O Saving Victim, open wide,
The gate of Heaven to man below,
Our foes press on from every side;
Thine aid supply, Thy strength bestow.*

*To Thy great Name be endless praise,
Immortal Godhead, one in Three!
Oh, grant us endless length of day,
In our true native land, with Thee! Amen.*

GREETING JESUS AND OPENING PRAYERS

(We are still kneeling) After Father/Deacon exits: *Jesus, we are so happy to be to be here to make our visit with You. (pause) Thank You, Jesus! Thank You for always being here for us. (long pause)*

Lord, we begin by calling upon our Holy Guardian Angel and all the Holy Angels here with us right now. We ask the Holy Angels to help us adore You. Together we pray the first prayer found on the back of our program: "Angel of God, my guardian dear, to whom God's love commits me here. Ever this day be at my side to light, to guard, to rule and to guide. Amen." (pause)

We also call upon the mighty Prince of the Heavenly Host, Saint Michael. Together we pray: “Saint Michael, the Archangel, defend us in battle. Be our protection against the wickedness and snares of the devil. May God rebuke him we humbly pray; and do Thou, O Prince of the Heavenly Host, by the power of God, cast into hell Satan and all the evil spirits, who prowl throughout the world seeking the ruin of souls. Amen.” (long pause)

Jesus, we know there is nobody who ever loved You more than our beautiful Blessed Mother Mary loved You. We now ask her to help us love You, Jesus! (pause) We entrust ourselves to her by praying together: “Holy Mary, I want to belong to you. I give you my whole self and all the good things I do: at home, at school, at Church and at play. My Mother! I am all yours, and all I do belongs to you to give to Jesus. Amen.” (long pause)

Yes, all that we have, all that we are, belongs to You, Jesus. (long pause) We want to tell how much we love You, Jesus, by praying our “100,000 Heartbeats Prayer.” Together we pray: “Most Sacred Heart of Jesus, truly present on the altar in the little white Host, I love You! I love You with all my heart and I know You love me with all Your Heart! Jesus, my heart beats around 100,000 times a day. I want each one of my heartbeats to say: Jesus, I love You! Jesus, I love You! Jesus, I love You!” (very long pause)

ROSARY DECADE PREPARATION WITH BIBLE STORY

Jesus, I’m going to invite the boys and girls to sit now, as we prepare our hearts to offer You our Rosary decade by reading a Gospel story in our Bible.

*(Be seated) Boys and girls, open up your Bibles to page 125. Let’s take a look at that picture. (Prayer leader now reads the story from the “New Catholic Picture Bible” by Father Lawrence Lovasik. The only adjustment is the prayer leader will always change the text in the places needed to **address Jesus directly** by talking **to** Him instead of **about** Him.)*

Jesus, one day You sat in a boat and talked to the people from it as they sat on the beach. After You had finished speaking, You said to Peter, “Row out into deep water, and lower your nets for a catch.” Peter told You that they had been out on the lake all night and had caught nothing. “But,” he said, “if You say so, I will lower the nets.”

They caught so many fish that the nets were breaking. You called James and John, the two brothers, who were in the other boat, to help them. They came and filled the two boats until they nearly sank.

When Peter saw this, he fell at Your knees saying, “Leave me, Lord, I am a sinful man.”

“Do not be afraid,” You said, “from now on you will be catching men.”

Jesus You said to Peter and the others, “Follow Me.”

They left everything and became Your followers.

One evening, You went alone to a mountain not far from Capernaum. A crowd of people and Your disciples followed You. But Jesus, You left them all and went up to the top of the mountain, where You could be alone. There You stayed all night, praying to God, Your Father.

In the morning, out of all Your followers, you chose twelve men, who were to walk with You and listen to Your words, so that they might be able to teach others. Some of these men You had called before; but now You called them again, and others with them. They were called “The twelve” or “the disciples.”

After You went up (ascended) to heaven, They were called “The apostles,” a word which means “those who were sent out,” because You sent them out to preach the Gospel to the world.

Jesus, later You sent seventy-two other disciples, two by two, into cities and villages, to preach the kingdom of God. (long pause)

Lord, we read in our Gospel story how you chose twelve men to be Your twelve apostles. They were the first bishops of Your Church.

After the Descent of the Holy Spirit on Pentecost, they became brave, courageous men who lay down their lives for You.

Jesus, we know there are still bishops in Your Church today. We also know it is not easy to be a bishop. We pray that the bishops in Your Church will be courageous and preach the Gospel in season and out of season.

We offer our Rosary decade for all the bishops in Your Church today, especially those in the diocese where we live.

We pray that You give each of them the desire to be a Saint!

PRAYING THE ROSARY DECADE

Boys and girls, let's take out our Rosary beads now and kneel down. (kneel) Find the Crucifix on the end of your Rosary beads. Let's give the Crucifix a kiss. (kiss the Cross) Thank You, Jesus, thank You for dying on the Cross for me. Let's make the Sign of the Cross together: "In the name of the Father and of the Son and of the Holy Spirit. Amen."

Now find the third decade on your Rosary beads. 1, 2, 3 (pause) Jesus, with all the love in our hearts, we offer You the third Glorious Mystery, The Descent of the Holy Spirit.

Boys and girls, I'll say the first part of the prayer, you say the second. (pause) (Prayer leader) "Our Father, who art in Heaven, hallowed be Thy name. Thy Kingdom come. They will be done, on earth as it is in Heaven. (Boys and girls) Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen." (Prayer leader) "Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. (Boys and girls) Holy Mary, Mother of God, pray for us sinners, now, and at the hour of our death. Amen." (9 times)

Boys and girls, we come now to our last "Hail Mary." We pause and call this one our "Golden Hail Mary." What special intentions do you need to bring to Jesus? Are you worried about something to do with school? Is there someone in your family who needs prayers? If it is important to you, it is important to Jesus because you are so important to Him! Tell Jesus everything. He is listening. (Very long pause) Jesus, we gather up all our special intentions and lay them before Your throne as together we pray: Hail Mary...

Boys and girls, let's bow our heads down low and adore the most Holy Trinity. (Very long pause of adoration silence.) Together we pray: "Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now and ever shall be, world without end. Amen."

Let's come back up slowly now and look right at Jesus on the altar. (pause). This next prayer is one that Blessed Mother taught the three children at Fatima. Our Lady asked that this be prayed at the end of each Rosary decade. (pause) Jesus, we know this must be very important. (pause) Boys and girls, let's hold out our hand towards Jesus (extend your hand) Together we pray: "O my Jesus, forgive us our sins. Save us from the fires of hell. Lead all souls to Heaven, especially those most in need of Thy mercy. Amen." (pause) Let's find the Crucifix again at the end of our Rosary beads and give the Cross a kiss. (kiss the Cross) Together we make the Sign of the Cross: "In the name of the Father, and of the Son, and of the Holy Spirit. Amen. Boys and girls, have a seat. (very long pause)

SAINT OR STORY MEDITATION

Jesus, our meditation is based on a story that was first told in a book for children written in the 1800's. Now in the 21st century, our meditation is called: "The Story of Anna" and it begins like this:

Long ago, there lived an orphan girl named Anna. She lived all alone in a humble house on the edge of a village. Anna's mother died when she was very young and she was twelve years old when her father died. Anna was left all alone in the world. Thankfully, she had her house, her dog, some chickens, and her mother's spinning wheel. Anna was a hard-working girl and from the people in the village, she was able to get enough steady work to keep her spinning wheel spinning.

When Anna's father was alive, he did not teach her any prayers. The only prayer she knew by heart was a little rhyme that her mother had taught her. Anna would kneel down by her bed and pray it before she went to sleep. It went like this: God bless this house from roof to floor; The twelve Apostles guard my door; And four good Angels watch my bed, Two at the foot and two the head. Amen.

Now it came to pass that gossip began to be whispered in the village about Anna. People who happened to pass by her house late at night said that they had seen a bright light shining through her window. They also said there were strange men standing outside of her house. Who were these men? They could not tell, for no one had cared to run the risk of trying to find out. So it was rashly concluded that the things going on at Anna's house were bad and that Anna - who seemed so sweet and innocent - was not quite as good as they thought.

When the gossip reached the ears of the old village priest, he sent for Anna and questioned her closely. Anna was grieved to learn that such untrue and unkind stories were being told about her! She knew nothing of any lights or of any men. As soon as it started to get dark, she would stop her work, fasten her door, feed her dog, eat her supper, blow out the rushlight and go to bed.

"And you say your prayers?" asked the old priest. Anna hung her head. "I do not know any proper prayers by heart, Father, but I always say the words my mother taught me: 'God bless this house from roof to floor; the twelve Apostles guard my door; and four good Angels watch my bed, two at the foot and two the head. Amen.'" "There could not be a better prayer, my dear child!" exclaimed the old priest with a smile. "Every night I want you to repeat that prayer with all your heart and you can be sure that God will take good care of you. Go home now and do not be troubled by what idle tongues may say."

However, as the day went on, the thought of Anna and the strange stories told by the townspeople would not leave the old priest's mind. So late that night, he put on his cloak and lit his lantern. All the village was still and dark as he began the long walk that led to Anna's house.

As he came nearer he thought, "It is a lonely place for the child to live all by herself."

At last, he perceived the outline of the house. But then he suddenly stopped, for there, just as he had been told, a thread of bright light was coming from the window! He drew his lantern under his cloak and approached cautiously. The road where he stood was now dark but by the glimmer of the stars he was able to make out that there were indeed men standing in the front of the house! The old priest suddenly grew hot with anger, and throwing aside his cloak and lifting up his lantern, he advanced boldly to confront the intruders. But they were not at all alarmed and did not make any attempt to escape. Then, as the lantern light fell upon their forms and faces, the priest was struck with awe and amazement! For these men were men of another age and another world, strangely clothed in long garments and majestic in appearance! One carried a lance, and another what looked like a saw, and another a chalice; but the most imposing stood near the front door, and in his hand he held two large keys. In that moment, the priest understood who these men were! But the men melted slowly away into the darkness, as if they had been no more than the images of a dream. Indeed, the old priest might have thought that he really had been dreaming except for one thing: the sliver of bright light that continued to stream through Anna's window.

As he moved towards the window, an invisible hand stretched a sword across his path! Then a low voice spoke to him a solemn warning: "It is the light of Angels. Do not look or blindness may befall you, even as it fell upon me on the road to Damascus." But the old priest pleaded, "Please! Let me look! Better one glimpse of the light of Angels than a thousand years of earthly sight!" Then the sword yielded to his request, vanishing into thin air.

The old priest leaned forward and gazed through the window. With a cry of joy, he saw a corner of Anna's bed and beside the corner, great bright dazzling wings! They were the left-hand side wings of one of the Angels at the foot of the bed! Then all was darkness. The priest thought that it was blindness that had fallen upon him but the only regret he felt was that the beautiful vision had vanished so quickly! As he turned, he found that not only had he not lost his sight, but he could now see more clearly than he had ever seen before! Praising God, he returned home, and as he went he looked back again and yet again, and each time he saw the twelve glorious figures keeping guard at Anna's door! (long pause)

QUIET PRAYER TIME

We will have some quiet prayer time now and talk with Jesus, Heart to heart.

One minute before Father/Deacon and the altar servers enter for Benediction:

Jesus, in a moment, Father/Deacon is going to come and lift You high in Benediction. I know that You want to pour out many graces upon the children, upon their families and upon our entire world! Boys and girls, open your hearts wide to receive all that Jesus wants to give you today!

BENEDICTION OF THE MOST BLESSED SACRAMENT

Let's take out our program now and find the Benediction Hymn. We will sing together when Father/Deacon and the servers enter.

*Down in adoration falling
Lo! The Sacred Host we hail;
Lo! o'er ancient forms departing,
Newer rites of grace prevail;
Faith for all defects supplying
Where the feeble senses fail.*

*To the everlasting Father,
And the Son who reigns on high,
With the Holy Ghost proceeding Forth from each eternally,
By salvation, honor, blessing,
Might and endless majesty. Amen.*

Priest/Deacon: *You have given them Bread from Heaven.*

All: *Having within It all sweetness.*

Priest/Deacon: *Let us pray. Lord Jesus Christ, you gave us the Eucharist as the memorial of Your suffering and death. May our worship of this Sacrament of Your Body and Blood help us to experience the salvation You won for us, and the peace of the kingdom; where You live with the Father and the Holy Spirit, One God, forever and ever.*

All: *Amen.*

*Blessed be God,
Blessed be His Holy Name.
Blessed be Jesus Christ, true God and true Man.
Blessed be the Name of Jesus.
Blessed be His Most Sacred Heart.
Blessed be His Most Precious Blood.
Blessed be Jesus in the Most Holy Sacrament of the Altar.
Blessed be the Holy Spirit, the Paraclete.
Blessed be the great Mother of God, Mary, most holy.
Blessed be her holy and Immaculate Conception.
Blessed be her glorious Assumption.
Blessed be the name of Mary, Virgin and Mother.
Blessed be Saint Joseph, her most chaste spouse.
Blessed be God in His Angels and in His Saints.*

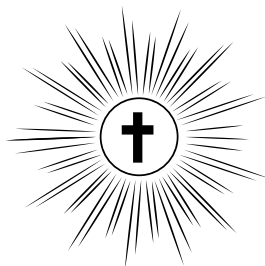
When Father/Deacon puts the Blessed Sacrament back into the tabernacle and closes the tabernacle doors, say: *Boys and girls, let's stand and sing "Immaculate Mary."*

As Father/Deacon and the altar servers start to exit, sing:

*Immaculate Mary, your praises we sing;
You reign now in splendor with Jesus, our King.
Ave, ave, ave Maria! Ave, ave, Maria!*

After Father/Deacon and the altar servers have left the Church, turn towards the children and say: *Jesus is so happy that you came to make a visit with Him. Remember, He's always here in the tabernacle for you to come and make your visits with Him. Have a great week and we'll see you at our next Guided Eucharistic Holy Hour.*

If you have not read the booklet, "VISITING JESUS – A Simple Plan to Begin Guided Eucharistic Holy Hours for Children," please go online to *Catholic Kids 101* for your free download. Questions? Go to *Catholic Kids 101* and click the "Contact Us" page.



Catholic Kids 101
We are kids telling kids about Jesus!