

GUIDED EUCHARISTIC HOLY HOUR

CK101 Script #3 - "St. Katharine Drexel"

EXPOSITION OF THE MOST BLESSED SACRAMENT

As we begin, the prayer leader says:

Boys and girls, please stand when Father/Deacon enters and then kneel when he opens the tabernacle. We will sing, "O Saving Victim," found in your program, when Father exposes Jesus in the Blessed Sacrament, placing the Host in the monstrance on the altar.

*O Saving Victim, open wide,
The gate of Heaven to man below,
Our foes press on from every side;
Thine aid supply, Thy strength bestow.*

*To Thy great Name be endless praise,
Immortal Godhead, one in Three!
Oh, grant us endless length of day,
In our true native land, with Thee! Amen.*

REETING JESUS AND OPENING PRAYERS

(We are still kneeling) After Father/Deacon exits: *Jesus, we are so happy to be to be here to make our visit with You. (pause) Thank You, Jesus! Thank You for always being here for us. (long pause)*

Lord, we begin by calling upon our Holy Guardian Angel and all the Holy Angels here with us right now. We ask the Holy Angels to help us adore You. Together we pray the first prayer found on the back of our program: "Angel of God, my guardian dear, to whom God's love commits me here. Ever this day be at my side to light, to guard, to rule and to guide. Amen." (pause)

We also call upon the mighty Prince of the Heavenly Host, Saint Michael. Together we pray: “Saint Michael, the Archangel, defend us in battle. Be our protection against the wickedness and snares of the devil. May God rebuke him we humbly pray; and do Thou, O Prince of the Heavenly Host, by the power of God, cast into hell Satan and all the evil spirits, who prowl throughout the world seeking the ruin of souls. Amen.” (long pause)

Jesus, we know there is nobody who ever loved You more than our beautiful Blessed Mother Mary loved You. We now ask her to help us love You, Jesus! (pause) We entrust ourselves to her by praying together: “Holy Mary, I want to belong to you. I give you my whole self and all the good things I do: at home, at school, at Church and at play. My Mother! I am all yours, and all I do belongs to you to give to Jesus. Amen.” (long pause)

Yes, all that we have, all that we are, belongs to You, Jesus. (long pause) We want to tell how much we love You, Jesus, by praying our “100,000 Heartbeats Prayer.” Together we pray: “Most Sacred Heart of Jesus, truly present on the altar in the little white Host, I love You! I love You with all my heart and I know You love me with all Your Heart! Jesus, my heart beats around 100,000 times a day. I want each one of my heartbeats to say: Jesus, I love You! Jesus, I love You! Jesus, I love You!” (very long pause)

ROSARY DECADE PREPARATION WITH BIBLE STORY

Jesus, I’m going to invite the boys and girls to sit now, as we prepare our hearts to offer You our Rosary decade by reading a Gospel story in our Bible.

*(Be seated) Boys and girls, open up your Bibles to page 196. Let’s take a look at that picture. (Prayer leader now reads the story from the “New Catholic Picture Bible” by Father Lawrence Lovasik. The only adjustment is the prayer leader will always change the text in the places needed to **address Jesus directly** by talking **to** Him instead of **about** Him.)*

Jesus, You took Peter, James and John, and went into the garden of Gethsemane. You said, “My soul is sad, even unto death. Wait here and watch with Me.”

You went a little farther among the trees and fell down upon the ground and cried out, “Father, if it is possible, let this cup pass away from Me; yet not as I will, but as You will.”

Large drops of sweat like blood, caused by Your suffering, fell from Your face.

Then You went to Your apostles and found them asleep. Waking them, You said, "Could you not watch one hour with Me? Watch and pray, that you may not enter into temptation."

Then You went a second time into the orchard, and You fell on Your knees and prayed again, saying, "My Father, if this cup cannot pass away unless I drink it, Your will be done."

Again, You found the apostles sleeping. You went back and prayed a third time. And an angel came and gave You strength. (Pause)

Jesus, we love You so much! We know that You truly understand when we are suffering. (pause)

We offer our Rosary decade for this intention: we pray for all those who are sick or suffering in any way. Especially for those who we know. (pause)

Jesus, we pray for all those who are sick and suffering in their body. For any of our friends or family with cancer or those who have been in accidents. (long pause) We bring them to You now, Jesus. (pause)

Jesus, we also pray for those who are suffering with a mental illness. (long pause)

Finally, Jesus, we pray for those who are suffering with a broken or hurt heart. (pause) We especially ask You for the grace for ourselves, that we can truly forgive anyone who has hurt us, so any hurt we carry in our hearts can be healed by You, Lord. (long pause)

Jesus, when we look at the Crucifix, it reminds us how much You love us. (pause) You always understand any kind of sickness or suffering we go through. We know that You will always be there for us, no matter what kind of healing we need.

PRAYING THE ROSARY DECADE

Boys and girls, let's take out our Rosary beads now and kneel down. (kneel) Find the Crucifix on the end of your Rosary beads. Let's give the Crucifix a kiss. (kiss the Cross) Thank You, Jesus, thank You for dying on the Cross for me. Let's make the Sign of the Cross together: "In the name of the Father and of the Son and of the Holy Spirit. Amen."

Now find the first decade on your Rosary beads. (pause) Jesus, with all the love in our hearts, we offer You the first Sorrowful Mystery, Your Agony in the Garden.

Boys and girls, I'll say the first part of the prayer, you say the second. (pause) (Prayer leader) "Our Father, who art in Heaven, hallowed be Thy name. Thy Kingdom come. They will be done, on earth as it is in Heaven. (Boys and girls) Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen." (Prayer leader) "Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. (Boys and girls) Holy Mary, Mother of God, pray for us sinners, now, and at the hour of our death. Amen." (9 times)

Boys and girls, we come now to our last "Hail Mary." We pause and call this one our "Golden Hail Mary." What special intentions do you need to bring to Jesus? Are you worried about something to do with school? Is there someone in your family who needs prayers? If it is important to you, it is important to Jesus because you are so important to Him! Tell Jesus everything. He is listening. (Very long pause) Jesus, we gather up all our special intentions and lay them before Your throne as together we pray: Hail Mary...

Boys and girls, let's bow our heads down low and adore the most Holy Trinity. (Very long pause of adoration silence.) Together we pray: "Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now and ever shall be, world without end. Amen."

Let's come back up slowly now and look right at Jesus on the altar. (pause). This next prayer is one that Blessed Mother taught the three children at Fatima. Our Lady asked that this be prayed at the end of each Rosary decade. (pause) Jesus, we know this must be very important. (pause) Boys and girls, let's hold out our hand towards Jesus (extend your hand) Together we pray: "O my Jesus, forgive us our sins. Save us from the fires of hell. Lead all souls to Heaven, especially those most in need of Thy mercy. Amen." (pause) Let's find the Crucifix again at the end of our Rosary beads and give the Cross a kiss. (kiss the Cross) Together we make the Sign of the Cross: "In the name of the Father, and of the Son, and of the Holy Spirit. Amen. Boys and girls, have a seat. (very long pause)

SAINT OR STORY MEDITATION

Jesus, for our meditation, I'd like to read about a wonderful Saint who is very close to us here in the United States because she was born right here in America, in the state of Pennsylvania. Her story begins like this:

On November 26, 1858, a baby girl was born in Philadelphia, Pennsylvania. Her name was Katharine. She had a big sister named Elizabeth, and a dad and mom who loved her very much. Sadly, Elizabeth and Katharine's mom died when Katharine was a baby. After some time, her father married a woman named Emma who was a wonderful stepmother to Katharine and Elizabeth.

After Katharine's dad and Emma were married, they had a baby girl named Louise. Louise was such a tiny baby that Emma dressed her in Katharine's doll clothes!

Elizabeth, Katharine and Louise had a very happy childhood together. Even though their family was extremely wealthy, the girls were taught to always be kind to their neighbors and to lovingly take care of the poor.

When Katharine grew up, she was a very active Catholic young lady. She spent most of her time and her wealth helping the poor and forgotten.

Then in 1891, Katharine began a new religious order of sisters called the Sisters of the Blessed Sacrament. Katharine was now known as Mother Katharine Drexel.

Each day, after spending time praying before You, Jesus, (look up) in the Most Blessed Sacrament, Mother and the sisters then devoted their love and talents to taking care of the poor. They did this through founding missionary Churches and Catholic schools for elementary age children. In 1925 they also established Xavier University in New Orleans, Louisiana.

During her long life, Mother Drexel spent millions of dollars on the many good works that helped people come to know and love You, Jesus! This was money that she had received from her father as her inheritance. Mother understood that her greatest treasure wasn't her money, but it was You, Jesus, truly present in the Most Blessed Sacrament!

Mother Katharine Drexel died March 3, 1955 at the age of 97.

(long pause)

Jesus, now I'd like to tell the boys and girls about another baby girl who was also born in Pennsylvania in 1992. Her name was Amanda Wall and her family called her Amy.

After Amy was born, it was soon discovered that she was completely deaf in both of her ears. It was concluded that Amy's deafness was incurable after her medical tests were completed over the following two years. Amy's parents accepted this. They often prayed, "Jesus, we trust in You!" They also asked Blessed Katharine Drexel to pray for them so they could learn the best ways to communicate with Amy, such as learning sign language.

Now little Amy had a brother named Jack who was 8 years old and a sister named Jeanette who was 5 years old. Jack and Jeanette decided to ask for a miracle. They wanted Blessed Katharine Drexel to go before Your throne in Heaven, Jesus, and ask You to give Amy new ears on the inside so she could hear.

They did this.

They prayed.

And within one week, Amy COULD HEAR!

And when Amy spoke, she spoke not in baby talk but in full sentences.

New hearing tests were administered and Amy was found to have perfectly normal hearing in both ears.

*Pope Saint John Paul II declared Mother Katharine Drexel a Saint in the Jubilee Year 2000. The miraculous cure of Amy's deafness was Mother Drexel's canonization miracle.
(pause)*

QUIET PRAYER TIME

Jesus, how we love You! We want to be a Saint for You too!

Boys and girls, let's talk with Jesus about this during quiet prayer time now. Let's tell Him, "Jesus, my only desire is to be a Saint!"

One minute before Father/Deacon and the altar servers enter for Benediction:

Jesus, in a moment, Father/Deacon is going to come and lift You high in Benediction. I know that You want to pour out many graces upon the children, upon their families and upon our entire world! Boys and girls, open your hearts wide to receive all that Jesus wants to give you today!

BENEDICTION OF THE MOST BLESSED SACRAMENT

Let's take out our program now and find the Benediction Hymn. We will sing together when Father/Deacon and the servers enter.

*Down in adoration falling
Lo! The Sacred Host we hail;
Lo! o'er ancient forms departing,
Newer rites of grace prevail;
Faith for all defects supplying
Where the feeble senses fail.*

*To the everlasting Father,
And the Son who reigns on high,
With the Holy Ghost proceeding Forth from each eternally,
By salvation, honor, blessing,
Might and endless majesty. Amen.*

Priest/Deacon: You have given them Bread from Heaven.

All: Having within It all sweetness.

Priest/Deacon: Let us pray. Lord Jesus Christ, you gave us the Eucharist as the memorial of Your suffering and death. May our worship of this Sacrament of Your Body and Blood help us to experience the salvation You won for us, and the peace of the kingdom; where You live with the Father and the Holy Spirit, One God, forever and ever.

All: Amen.

*Blessed be God,
Blessed be His Holy Name.
Blessed be Jesus Christ, true God and true Man.
Blessed be the Name of Jesus.
Blessed be His Most Sacred Heart.
Blessed be His Most Precious Blood.
Blessed be Jesus in the Most Holy Sacrament of the Altar.
Blessed be the Holy Spirit, the Paraclete.
Blessed be the great Mother of God, Mary, most holy.
Blessed be her holy and Immaculate Conception.
Blessed be her glorious Assumption.
Blessed be the name of Mary, Virgin and Mother.
Blessed be Saint Joseph, her most chaste spouse.
Blessed be God in His Angels and in His Saints.*

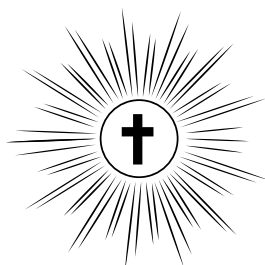
When Father/Deacon puts the Blessed Sacrament back into the tabernacle and closes the tabernacle doors, say: *Boys and girls, let's stand and sing "Immaculate Mary."*

As Father/Deacon and the altar servers start to exit, sing:

*Immaculate Mary, your praises we sing;
You reign now in splendor with Jesus, our King.
Ave, ave, ave Maria! Ave, ave, Maria!*

After Father/Deacon and the altar servers have left the Church, turn towards the children and say: *Jesus is so happy that you came to make a visit with Him. Remember, He's always here in the tabernacle for you to come and make your visits with Him. Have a great week and we'll see you at our next Guided Eucharistic Holy Hour.*

If you have not read the booklet, "VISITING JESUS – A Simple Plan to Begin Guided Eucharistic Holy Hours for Children," please go online to *Catholic Kids 101* for your free download. Questions? Go to *Catholic Kids 101* and click the "Contact Us" page.



Catholic Kids 101
We are kids telling kids about Jesus!