GUIDED EUCHARISTIC HOLY HOUR

CK101 Script #2 - "The Three Oysters"

EXPOSITION OF THE MOST BLESSED SACRAMENT

As we begin, the prayer leader says:

Boys and girls, please stand when Father/Deacon enters and then kneel when he opens the tabernacle. We will sing, "O Saving Victim," found in your program, when Father exposes Jesus in the Blessed Sacrament, placing the Host in the monstrance on the altar.

O Saving Victim, open wide, The gate of Heaven to man below, Our foes press on from every side; Thine aid supply, Thy strength bestow.

To Thy great Name be endless praise, Immortal Godhead, one in Three! Oh, grant us endless length of day, In our true native land, with Thee! Amen.

GREETING JESUS AND OPENING PRAYERS

(We are still kneeling) After Father/Deacon exits: Jesus, we are so happy to be to be here to make our visit with You. (pause) Thank You, Jesus! Thank You for always being here for us. (long pause)

Lord, we begin by calling upon our Holy Guardian Angel and all the Holy Angels here with us right now. We ask the Holy Angels to help us adore You. Together we pray the first prayer found on the back of our program: "Angel of God, my guardian dear, to whom God's love commits me here. Ever this day be at my side to light, to guard, to rule and to guide. Amen." (pause)

We also call upon the mighty Prince of the Heavenly Host, Saint Michael. Together we pray: "Saint Michael, the Archangel, defend us in battle. Be our protection against the wickedness and snares of the devil. May God rebuke him we humbly pray; and do Thou, O Prince of the Heavenly Host, by the power of God, cast into hell Satan and all the evil spirits, who prowl throughout the world seeking the ruin of souls. Amen." (long pause)

Jesus, we know there is nobody who ever loved You more than our beautiful Blessed Mother Mary loved You. We now ask her to help us love You, Jesus! (pause) We entrust ourselves to her by praying together: "Holy Mary, I want to belong to you. I give you my whole self and all the good things I do: at home, at school, at Church and at play. My Mother! I am all yours, and all I do belongs to you to give to Jesus. Amen." (long pause)

Yes, all that we have, all that we are, belongs to You, Jesus. (long pause) We want to tell how much we love You, Jesus, by praying our "100,000 Heartbeats Prayer." Together we pray: "Most Sacred Heart of Jesus, truly present on the altar in the little white Host, I love You! I love You with all my heart and I know You love me with all Your Heart! Jesus, my heart beats around 100,000 times a day. I want each one of my heartbeats to say: Jesus, I love You! Jesus, I love You! Jesus, I love You!" (very long pause)

ROSARY DECADE PREPARATION WITH BIBLE STORY

Jesus, I'm going to invite the boys and girls to sit now, as we prepare our hearts to offer You our Rosary decade by reading a Gospel story in our Bible.

(Be seated) *Boys and girls, open up your Bibles to page 108. Let's take a look at that picture.* (Prayer leader now reads the story from the "New Catholic Picture Bible" by Father Lawrence Lovasik. The only adjustment is the prayer leader will always change the text in the places needed to **address Jesus directly** by talking **to** Him instead of **about** Him.)

Jesus, when You were a boy, twelve years old, You were taken up to the feast of the Passover. For the first time You saw the holy city of Jerusalem and the Temple of the Lord. You knew You were in Your Father's house. Jesus, You were so filled with love for Your Father and the worship of the Temple that when it was time to go home to Nazareth, You stayed behind. The group of people who were traveling together was large, and at first You were not missed. But when night came and You could not be found, Your Mother became very much worried. The next day Mary and Joseph left their group and hurried back to Jerusalem. They sought You among their friends and relatives who were living in the city, but could not find You.

On the third day, still looking for You, they went up to the Temple. There they found You sitting with the teachers of the law, listening to their words and asking questions. Everyone was surprised at Your knowledge of the word of God! Your Mother spoke to You sadly, "Son, why have You treated us in this way? Your father (St. Joseph) and I have been seeking for You with sad hearts." "Why did you look for Me?" You said. "Did you not know that I must be about My Father's business?" ("My Father" meaning God the Father.)

Jesus, You answered Mother Mary very gently. You thought she would have known that You must think about God's work, and surely she should have looked for You first of all in Your Father's house, for You are God's own Son. Yes, You are Mary's Son but You are God's Son too. But when You had gently reminded her of this, You obediently went home to Nazareth with her (and Joseph.) Mary and Joseph did not understand Your words, Jesus, but Mary often thought about them afterward, for she treasured in her heart every word that You had spoken. (pause)

Jesus, we want to think about Your words and treasure them in our hearts too! (pause)

As we pray our Rosary decade now, we want to especially think about the part in our Bible story that tells us that You **obediently** went home to Nazareth with Our Lady and St. Joseph.

Jesus, when You were a child, You were always obedient.

Sometimes it's hard for us to be obedient. Sometimes we don't want to obey our parents when they ask us to do something.

With this Rosary decade, we ask for the grace, for the help, to always be obedient to what our parents ask. We want to obey them the very first time.

We want to be just like You, Jesus.

PRAYING THE ROSARY DECADE

Boys and girls, let's take out our Rosary beads now and kneel down. (kneel) Find the Crucifix on the end of your Rosary beads. Let's give the Crucifix a kiss. (kiss the Cross) Thank You, Jesus, thank You for dying on the Cross for me. Let's make the Sign of the Cross together: "In the name of the Father and of the Son and of the Holy Spirit. Amen."

Now find the fifth decade on your Rosary beads. 1, 2, 3, 4, 5 (pause) Jesus, with all the love in our hearts, we offer You the fifth Joyful Mystery, the Finding in the Temple.

Boys and girls, I'll say the first part of the prayer, you say the second. (pause) (Prayer leader) "Our Father, who art in Heaven, hallowed be Thy name. Thy Kingdom come. They will be done, on earth as it is in Heaven. (Boys and girls) Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen." (Prayer leader) "Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. (Boys and girls) Holy Mary, Mother of God, pray for us sinners, now, and at the hour of our death. Amen." (9 times)

Boys and girls, we come now to our last "Hail Mary." We pause and call this one our "Golden Hail Mary." What special intentions do you need to bring to Jesus? Are you worried about something to do with school? Is there someone in your family who needs prayers? If it is important to you, it is important to Jesus because you are so important to Him! Tell Jesus everything. He is listening. (Very long pause) Jesus, we gather up all our special intentions and lay them before Your throne as together we pray: Hail Mary...

Boys and girls, let's bow our heads down low and adore the most Holy Trinity. (Very long pause of adoration silence.) Together we pray: "Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now and ever shall be, world without end. Amen."

Let's come back up slowly now and look right at Jesus on the altar. (pause). This next prayer is one that Blessed Mother taught the three children at Fatima. Our Lady asked that this be prayed at the end of each Rosary decade. (pause) Jesus, we know this must be very important. (pause) Boys and girls, let's hold out our hand towards Jesus (extend your hand) Together we pray: "O my Jesus, forgive us our sins. Save us from the fires of hell. Lead all souls to Heaven, especially those most in need of Thy mercy. Amen." (pause) Let's find the Crucifix again at the end of our Rosary beads and give the Cross a kiss. (kiss the Cross) Together we make the Sign of the Cross: "In the name of the Father, and of the Son, and of the Holy Spirit. Amen. Boys and girls, have a seat. (very long pause)

SAINT OR STORY MEDITATION

Jesus, when we look at You, truly present on the altar for us, or look at the Crucifix, it reminds us of just how much we are loved by You! You know us. You love us. You never stop thinking of us. (pause)

The same thing can be said about Mother Mary. (pause) As our Heavenly Mother, she knows each us, loves each of us and she never stops thinking of us. (pause)

Jesus, how happy it makes You when we think of Mother Mary and love her too! Saint Maximillian Kolbe tells us that we should never be afraid of loving Our Blessed Mother too much because we could never love her more than You do, Jesus. (long pause)

Lord, here is a story that will help us understand this better. It goes like this:

There once was a young girl who lived in a country that was ruled by a magnificent King! This King had a beautiful and beloved Mother who was known as "The Lovely Queen Mother." With all of her heart, the young girl wished to serve the Queen. So off she went on a journey to the King's castle to offer her services to the lovely Queen.

Now as she got closer to the castle, she noticed some of the Queen's servants who were busy at their labors. One was gardening a gigantic fertile field. Another was reaping a grand harvest of delicious fruits. Another was collecting huge bouquets of colorful fragrant flowers.

When the young girl arrived at the castle, she was quickly presented before the Queen! The overjoyed girl cried out, "My lovely Queen! In order to prove my love for you, I beg you to accept me as one of your servants."

The lovely Queen smiled at the young girl and after thinking for a moment answered, "Yes, my dearest child. Please go to the seashore and bring me back three oysters."

The happy young girl immediately ran out of the castle and headed straight to the seashore. In the early evening, she returned to the castle to present the Queen with her three oysters.

The next day morning, the Queen had the same request for the young girl, "My dearest child, go to the seashore and bring me back three oysters." And the young girl obeyed.

Day after day, it was always the same request from the lovely Queen. And day after day, the young girl obeyed, always bringing the Queen her three oysters.

Finally, the day came when the young girl found herself sitting all alone on the wet sand, feeling very tired and discouraged. How she longed to do something grand! She wanted to do something important for the Queen! But instead, all she could do is obey and bring the Queen her three ugly oysters. So before making the journey back to the castle that day, the young girl decided to have a good cry. She put her head down and began to sob bitterly.

Can you imagine the young girl's surprise when she looked up and there, the Queen herself was standing right in front of her!

"Why are you weeping, my dearest child?" asked the lovely Queen.

"Oh, my Queen!" cried the girl, quickly wiping her eyes with the back of her hands. "I so wanted to prove my love for you by doing mighty and important deeds! But instead, all I have to give you each day are three ugly little oysters."

The Queen smiled a most beautiful smile and then proceeded to pick up the first oyster of the day and carefully open it. It contained an exquisite pearl! And on the pearl was engraved - in gold - the letter "D." The Queen then explained, "The golden "D" on this precious pearl stands for diligence – meaning never giving up!

Then the Queen picked up the second oyster and opened it. It too contained a precious pearl! However, on this pearl was engraved in gold the letter "P." The Queen continued, "This golden "P" stands for patience."

Then the Queen took the third oyster gently into her hands and carefully opened it. The young girl was most astonished when she looked and saw that this oyster contained the most beautiful of all of the pearls! The Queen smiled at the young girl and said in the sweetest voice, "But this pearl with the golden "O" is the most pleasing to me. For this is the precious pearl of obedience." Then the young girl understood. (long pause)

QUIET PRAYER TIME

Jesus, we are going to have some quiet prayer time now with You, and I invite the boys and girls to think about when we pray our Rosary decades each day, all of Heaven sees our prayers as a string of precious pearls!

It is one way we show our love for You and Blessed Mother, by praying with diligence — meaning never being lazy and giving up. With patience — not saying our prayers quickly without thinking. And with obedience. Because many Saints and Popes have asked us to pray our Rosary decades so we know this must be very important. We want to think about all this with You now Jesus, as we have some quiet prayer time.

One minute before Father/Deacon and the altar servers enter for Benediction: Jesus, in a moment, Father/Deacon is going to come and lift You high in Benediction. I know that You want to pour out many graces upon the children, upon their families and upon our entire world! Boys and girls, open your hearts wide to receive all that Jesus wants to give you today!

BENEDICTION OF THE MOST BLESSED SACRAMENT

Let's take out our program now and find the Benediction Hymn. We will sing together when Father/Deacon and the servers enter.

Down in adoration falling
Lo! The Sacred Host we hail;
Lo! o'er ancient forms departing,
Newer rites of grace prevail;
Faith for all defects supplying
Where the feeble senses fail.

To the everlasting Father, And the Son who reigns on high, With the Holy Ghost proceeding Forth from each eternally, By salvation, honor, blessing, Might and endless majesty. Amen.

Priest/Deacon: You have given them Bread from Heaven.

All: Having within It all sweetness.

Priest/Deacon: Let us pray. Lord Jesus Christ, you gave us the Eucharist as the memorial of Your suffering and death. May our worship of this Sacrament of Your Body and Blood help us to experience the salvation You won for us, and the peace of the kingdom; where You live with the Father and the Holy Spirit, One God, forever and ever.

All: Amen.

Blessed be God,

Blessed be His Holy Name.

Blessed be Jesus Christ, true God and true Man.

Blessed be the Name of Jesus.

Blessed be His Most Sacred Heart.

Blessed be His Most Precious Blood.

Blessed be Jesus in the Most Holy Sacrament of the Altar.

Blessed be the Holy Spirit, the Paraclete.

Blessed be the great Mother of God, Mary, most holy.

Blessed be her holy and Immaculate Conception.

Blessed be her glorious Assumption.

Blessed be the name of Mary, Virgin and Mother.

Blessed be Saint Joseph, her most chaste spouse.

Blessed be God in His Angels and in His Saints.

When Father/Deacon puts the Blessed Sacrament back into the tabernacle and closes the tabernacle doors, say: *Boys and girls, let's stand and sing "Immaculate Mary."*

As Father/Deacon and the altar servers start to exit, sing:

Immaculate Mary, your praises we sing; You reign now in splendor with Jesus, our King. Ave, ave, ave Maria! Ave, ave, Maria!

After Father/Deacon and the altar servers have left the Church, turn towards the children and say: Jesus is so happy that you came to make a visit with Him. Remember, He's always here in the tabernacle for you to come and make your visits with Him. Have a great week and we'll see you at our next Guided Eucharistic Holy Hour.

If you have not read the booklet, "VISITING JESUS – A Simple Plan to Begin Guided Eucharistic Holy Hours for Children," please go online to *Catholic Kids 101* for your free download. Questions? Go to *Catholic Kids 101* and click the "Contact Us" page.

