



# THE FIVE FIRST SATURDAYS

The Five First Saturdays devotion is at the heart of the Fatima message.

It is a simple devotion that offers reparation and expiates the injuries that the Immaculate Heart of Mary suffers because of the sins of impiety and indifference from some of her children.

ON THE FIRST SATURDAY OF  
FIVE CONSECUTIVE MONTHS:

1. Go to Confession
2. Receive Holy Communion
3. Pray five decades of the Holy Rosary
4. Meditate for fifteen minutes on the mysteries of the Holy Rosary

